# Week Commencing: 2 SEP / 23 SEP / 14 OCT

# Monday

Quorn Meatballs in Tomato Sauce V

Chicken Meatballs, Tomato Sauce & Pasta

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Frozen Mango Yoghurt

### Tuesday

Butternut, Butterbean & Vegetable Curry with Rice

Beef Keema Curry & Rice

.lacket Potato -Beans/Cheese/Tuna Mavo

Seasonal Vegetables V

Jamaican Pineapple Upside Down Sponge

### Wednesday

Quorn Roast with Roast Potatoes & Gravy V

Roast Chicken with Roast Potatoes & Gravy

Jacket Potato -Beans/Cheese/Tuna Mavo

Seasonal Vegetables V

Strawberry Angel Delight V

## **Thursday**

Margherita Pizza with Garlic & Herb Wedges V

BBO Chicken Pizza with Garlic & Herb Wedges

Jacket Potato -Beans/Cheese/Tuna Mavo

Seasonal Vegetables V

Apple & Berry Swirl Cake

### Friday

Quorn Nuggets with Chips

Fish Fingers & Chips

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Chocolate Cracknell V

# Key





Plant Based Vegan Friendly



Sustainably Caught Fish

# Week Commencing: 9 SEP / 30 SEP / 21 OCT

# Monday

Quorn Sausage Hot Dog, Toppers & Wedges 😯

Chicken Sausage Hot Dog with Toppers & Wedges

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Frozen Strawberry Yoghurt V

# Tuesday

Macaroni Cheese V

Moroccan Chicken & Rice

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Madagascan Vanilla & Peach Sponge

# Wednesday

Roast Vegetarian Strips, Roast Potatoes & Gravy

Roast Chicken with Roast Potatoes & Gravv

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Apple & Berry Cookie V

# **Thursday**

Margherita Pizza with Garlic & Paprika Wedges V

Meat Feast Pizza with Garlic & Paprika Wedges

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Orange Jelly & Mandarins V

# Friday

Spicy Bean Burger in a Bun with Chips 👽

Battered Fish & Chips

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Chocolate Muffin V

# **AVAILABLE DAILY**



Fresh Bread



Unlimited Salad Bar



A choice of Fresh Fruit

# Week Commencing: 16 SEP / 7 OCT Wednesday

# Monday

Vegetable & Lentil Bolognese with Garlic Bread 👽

Beef Pasta Bolognese with Garlic Bread

Jacket Potato -Beans/Cheese/Tuna Mayo

Ice Cream, Choice of Toppings

Seasonal Vegetables V

# Tuesday

Lentil & Sweet Potato Curry with Rice 😯

Chicken Tarka Dhal with Rice

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V Orange Drizzle Cake V

Butternut & Vegetable Plait with Roast Potatoes V

Roast Chicken with Roast Potatoes & Gravy

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Pear & Chocolate Sponge V

# **Thursday**

Margherita Pizza with Cajun Wedges V

Peri Peri Chicken Pizza with Cajun Wedges

Jacket Potato -Beans/Cheese/Tuna Mayo

Seasonal Vegetables V

Apple & Banana Cake V

### BBQ Vegetarian Strips with Chips 💖

Friday

Breaded Fish Cake & Chips

Jacket Potato -Beans/Cheese/Tuna Mavo

Seasonal Vegetables V

Strawberry Jelly 💜

EEK ⋛



CLICK HERE TO VISIT OUR

# WELCOME TO YOUR SCHOOL LUNCH

# **WELCOME TO YOUR NEW MENU**

which has been created so your child can enjoy a delicious, balanced school lunch every day cooked fresh daily.

All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

We want all of our customers to feel comfortable when eating with us, so we hold full allergen information for all dishes that are served in our restaurants. If your child has an allergy we can provide a special menu for their requirements. Just ask for further information!

# **ALLERGEN INFORMATION**

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED Love Our ingredients are sourced from local and UK suppliers wherever possible **British** - a fact we love to show off through our

# JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH



DOWNLOAD **NUR APP** NOW!

Designed to make ordering meals even easier!

Click here to download it from App Store or Google Play store.



# SAVE £500 A YEAR WITH FREE SCHOOL LUNCHES!

From September, all primary aged pupils in London are eligible for free school lunches!



# DOING MORE TO HELP PUPILS TOWARDS THEIR 5-A-DAY

partnership with Love British Food.

MADE FROM GREAT INGREDIENTS,

The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better

for animal welfare.

BY AWESOME PEOPLE!

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

We have increased the amount of beans and pulses... that means more fibre & less saturated fat!

The salad bar is packed full of fresh vegetables



Your menu has more vegetable focused meals - making them more nutritious!



# PACKED FULL OF FAMILIAR FAVOURITES



Re-engineered recipes to make popular dishes even healthier

More familiar dishes we know thev love





**Exciting options** for KS2 pupils so the options grow as they do

# **CONTACT US:**



Payments and Meal Ordering



**Nutrition Guidance**